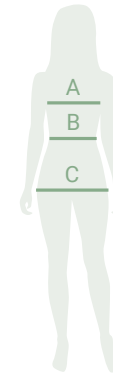


WOMENS SIZE GUIDE

Biz Care apparel sizes are designed to fit average industry standards for the below body measurements. Please use this handy Body Measurement Guide to compare your own measurements and help you determine which size to order.

Use these measurements as a guide when selecting the right size garment, but also take into consideration the garment fit.



A. BUST - Measure under your arms and across shoulder blades, around the fullest part of your bust.

B. WAIST - Measure around your natural waistline. This is the smallest part of your waist.

C. HIP - Measure around fullest part of your hips (about 20 - 24 cm down from waist) while standing naturally.

PANT AND SKIRT LENGTHS - Pants and skirts will vary in length depending on the height and shape of each individual. Most pants come with a hem allowance for easy alterations.

Womens Shirts, Scrub Tops, Knitwear and Outerwear

| AU/NZ | | XXS | XS | XS-S | S | M | L | XL | 2XL | | 3XL | | 4XL | | 5XL |
|-------|----|-------|-------|-------|-------|-------|--------|---------|---------|---------|---------|---------|---------|---------|---------|
| | | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 | 28 | 30 |
| Bust | cm | 75-77 | 78-82 | 83-87 | 88-92 | 93-97 | 98-102 | 103-108 | 109-114 | 115-119 | 120-124 | 125-129 | 130-134 | 135-139 | 140-144 |
| | in | 29-30 | 30-32 | 32-34 | 34-36 | 36-38 | 38-40 | 40-42 | 42-44 | 44-46 | 46-48 | 48-50 | 50-52 | 52-54 | 54-56 |

Womens Pants, Scrub Pants and Skirts

| AU/NZ | | XXS | | XS | S | M | L | XL | 2XL | | 3XL | | 4XL | | 5XL |
|-------|----|-------|-------|-------|--------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| | | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 | 28 | 30 |
| Waist | cm | 57-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80-84 | 85-90 | 91-96 | 97-101 | 102-106 | 107-111 | 112-116 | 117-121 | 122-126 |
| | in | 22-23 | 23-25 | 25-27 | 27-29 | 29-31 | 31-33 | 33-35 | 35-37 | 37-39 | 40-42 | 42-44 | 44-46 | 46-48 | 48-50 |
| Hip | cm | 84-86 | 87-91 | 92-96 | 97-101 | 102-106 | 107-111 | 112-117 | 118-123 | 124-128 | 129-133 | 134-138 | 139-143 | 144-148 | 149-153 |
| | in | 33-34 | 34-36 | 36-38 | 38-40 | 40-42 | 42-44 | 44-46 | 46-48 | 48-50 | 50-52 | 52-54 | 54-56 | 56-58 | 58-60 |

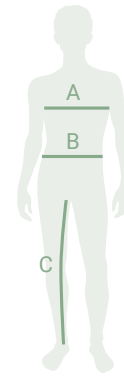


All measurements provided are approximate body measurements and for reference only. Actual sizing may vary according to the style and fit of the garment. Not all styles are available in all sizes, please refer to product pages for available sizing. Please refer to www.biz-care.com for the latest up-to-date products and information.

MENS SIZE GUIDE

Biz Care apparel sizes are designed to fit average industry standards for the below body measurements. Please use this handy Body Measurement Guide to compare your own measurements and help you determine which size to order.

Use these measurements as a guide when selecting the right size garment, but also take into consideration the garment fit.



A. CHEST - Measure under your arms and across shoulder blades, around the fullest part of your chest. Hold one finger between body and tape.

B. WAIST - Measure around your natural waistline while holding one finger between body and tape. Measure over shirt at position your pants would normally sit.

C. IN SEAM - Measure from the crotch seam to the bottom of the inside leg of a well-fitting pair of pants.

PANT LENGTHS - Pants will vary in length depending on the height of each individual and also their shape. Most pants come with a hem allowance for easy alterations.

Mens Shirts, Polos, Knitwear and Outerwear

| AU/NZ | | XXS | XS | S | M | L | XL | 2XL | | 3XL | | 4XL | | 5XL | | 6XL | | 7XL | |
|-------|----|------|------|------|------|------|------|------|------|------|------|------|-----|-----|-----|------|------|------|------|
| Chest | cm | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 | 142 | 147 | 152 | 157 | 162 | 167 | 172 |
| | in | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 | 68 |
| Neck | cm | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 56 | 56 | 58 | 58 | 58 | 58 |
| | in | 13.3 | 14.1 | 14.9 | 15.7 | 16.5 | 17.3 | 18.1 | 18.8 | 19.6 | 20.4 | 21.2 | 22 | 22 | 22 | 22.8 | 22.8 | 22.8 | 22.8 |

Mens Pants, Shorts, and Scrub Pants. Unisex Scrub Pants.

| Mens Pant Size | | 72 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 | 142 | 147 | 152 | 157 |
|----------------|----|-----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Alpha Size | | XXS | XS | S | M | L | XL | 2XL | | 3XL | | 4XL | | 5XL | | 6XL | | 7XL | |
| Waist | cm | 72 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 | 142 | 147 | 152 | 157 |
| | in | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 |

Unisex Scrub Tops and Unisex Lab Coats

| AU/NZ | | XXS | XS | S | M | L | XL | 2XL | | 3XL | | 4XL | | 5XL | | 6XL | | 7XL | |
|-------|----|-----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Chest | cm | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 | 142 | 147 | 152 | 157 | 162 | 167 | 172 |
| | in | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 | 68 |



All measurements provided are approximate body measurements and for reference only. Actual sizing may vary according to the style and fit of the garment. Not all styles are available in all sizes, please refer to product pages for available sizing. Please refer to www.biz-care.com for the latest up-to-date products and information.